

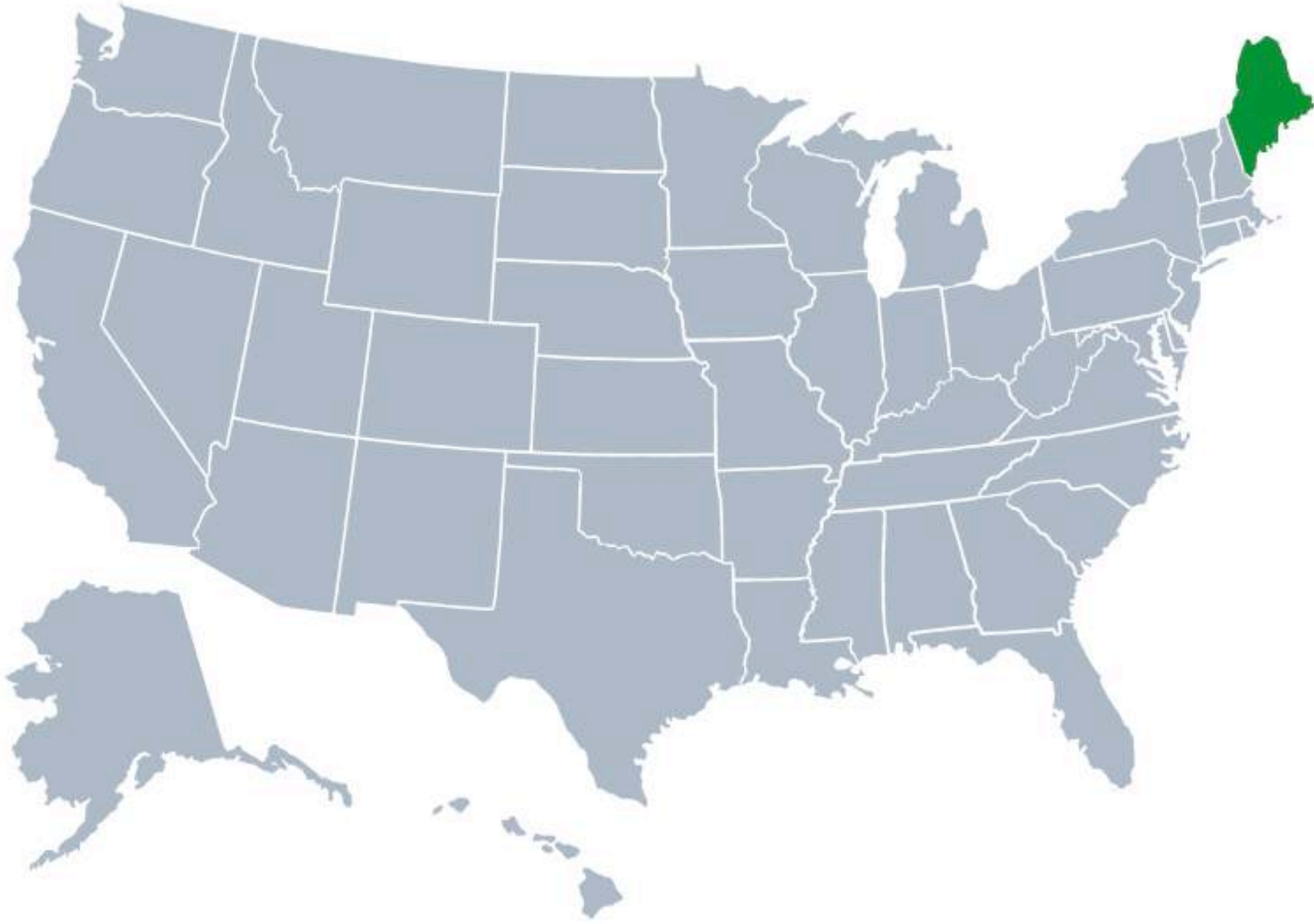


# HEBRON ACADEMY

希伯伦学院

BOARDING AND DAY  
GRADES 6-12 AND POSTGRADUATE  
寄宿走读综合制, 6-12年级及大学预科  
希伯伦, 缅因州







# HEBRON ACADEMY





# HEBRON ACADEMY





# HEBRON ACADEMY





HEBRON ACADEMY



# Welcome to Hebron Academy ! 欢迎来到希伯伦学院



Headmaster

## **Daniel J. Marchetti** **校长寄语**

Hebron anchors decisions by considering what's best for our students and our community. We continually adapt our pedagogy and programs as they evolve to ensure we are delivering the best and uniquely personalized educational experience we can. Our caring faculty are open-minded and epitomize a commitment to life-long learning by continually pushing to adopt new programs and embrace new ideas, especially those generated from our students. At Hebron, we benefit from over 200 years of providing a world-class education as we build a collective vision for the future that is relevant and inspires our students as they grow and learn here.

While many aspects of Hebron set us apart from our peer schools, our exceptional faculty is a hallmark of what we offer. Yongkang's students will be pushed to grow academically here at Hebron and to explore areas you feel passionate about. It won't always be easy, but our faculty is dedicated to partnering with you on your journey and to provide you with encouragement, support, and guidance as you exceed your expectations of what you ever thought was possible. Our high expectations for student achievement are grounded in our belief in you, and our commitment to your growth in all areas.

Our campus is a unique resource, providing numerous outdoor recreational opportunities under the clear, bright skies of Maine. Our state-of-the-art athletic facilities and fields are complemented by vast trails, offering miles of biking, skiing, and running opportunities. Similarly, our academic programs integrate our woodlands, waterways and ecosystems into our curriculum for both hands-on and project-based learning opportunities.

The cultural diversity of our student body is another strength of the Hebron experience. We learn, as one student recently wrote, "Hebron is a place to be yourself. We are all so different and yet we all have so much in common." You will live, play sports, learn, create and grow together with students from all over the world, and in the process open your mind and eyes to the human qualities that bind us together.



# OUR MISSION AND VALUES

## 学校使命与价值观

At Hebron Academy our mission is to inspire and guide students to reach their highest potential in mind, body, and spirit.

在希伯伦学院，我们的使命是不断激励和引导学生，在思想，身体和精神方面激发他们发挥最大潜能。

**Integrity**

**正直**

**Accountability**

**责任**

**Individuality**

**个性**

**Self Awareness**

**自我意识**

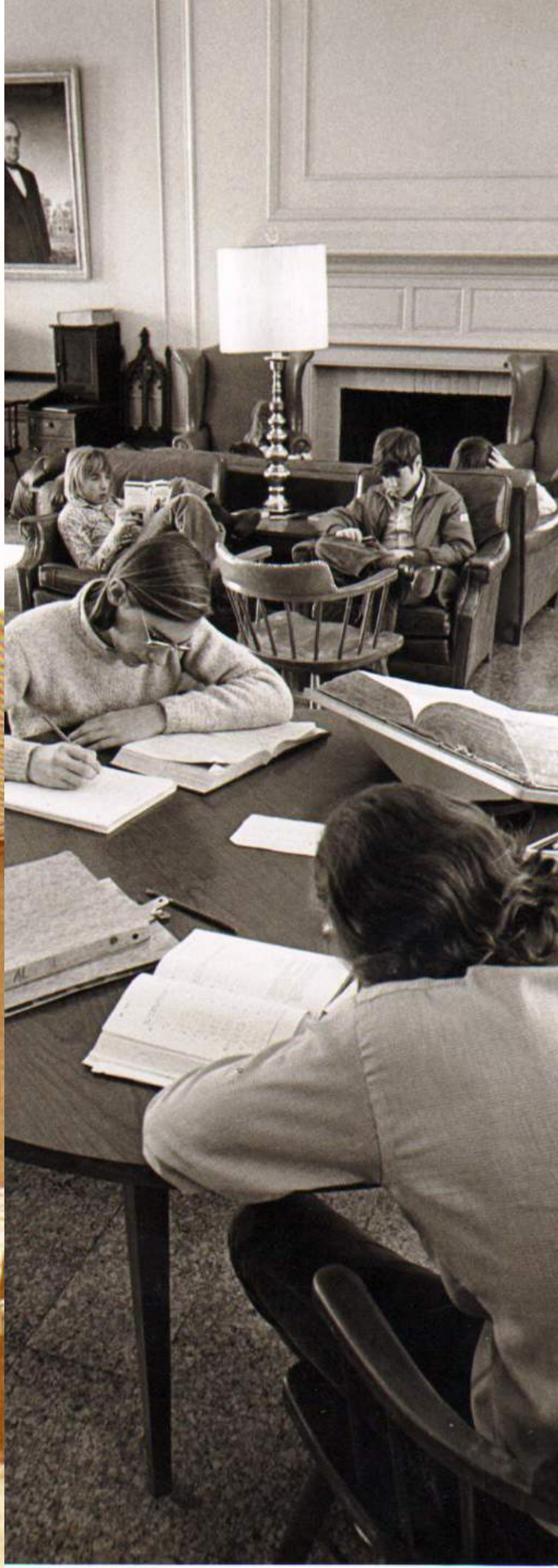
**Passion for Learning**

**学习热情**

We invite you to experience first-hand our community, focused on creating transformational experiences through which students find their purpose as individuals, leaders, and citizens in our ever-changing world.

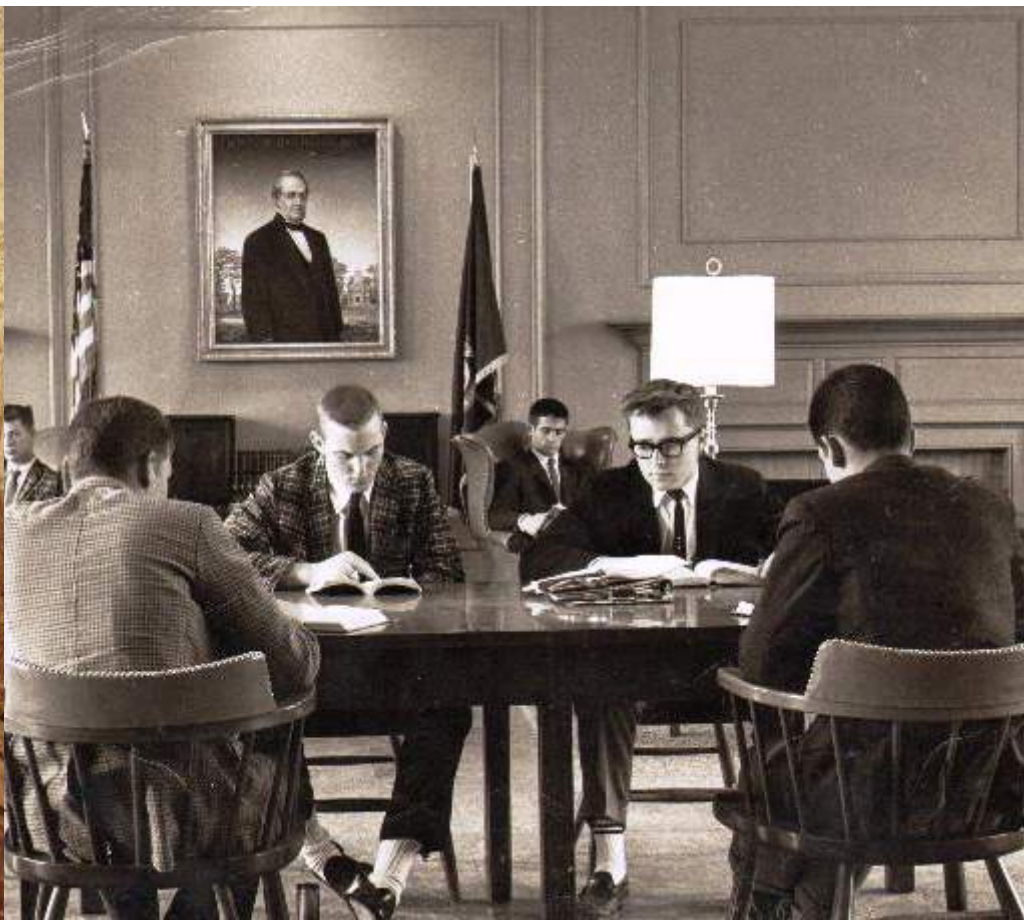
“邀请您来亲身参观体验希伯伦学院，我们致力于为学生创造变革型经历，使学生找到在这千变万化的世界中无论是身为个体，领导者或是公民存在的意义。”





**200 YEARS OF HISTORY**

**拥有两百年悠久历史**





# Hebron Academy At-a-Glance 希伯伦学院概要

**270**

STUDENTS

学生总数



**5:1**

STUDENT TO FACULTY  
RATIO

学生与教师比例



**80%**

BOARDING STUDENTS

80%的寄宿生



**6<sup>TH</sup>-12<sup>TH</sup>**

GRADES AVAILABLE

年级设置

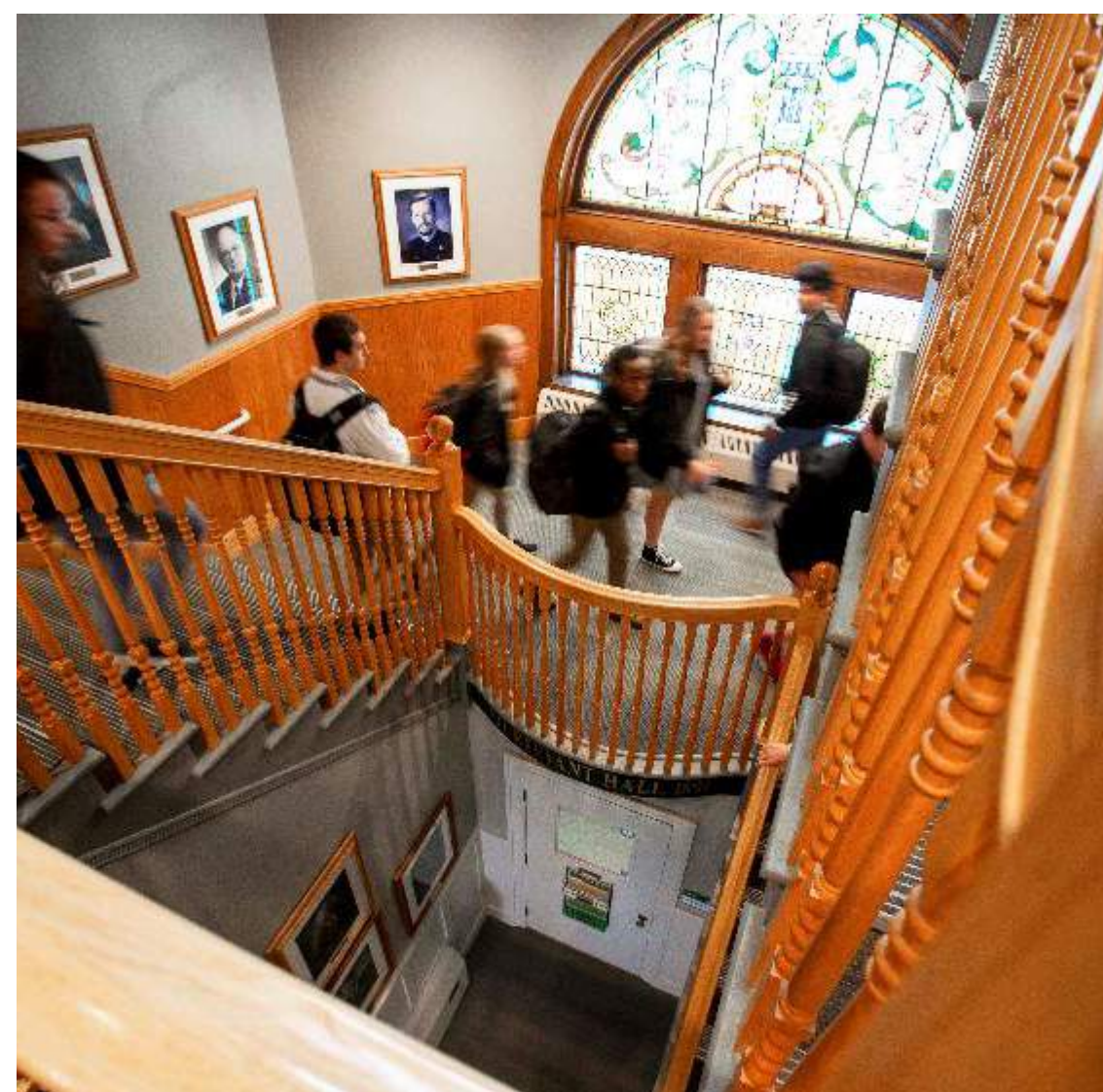


# Hebron Academy At-a-Glance 希伯伦学院概要

**90%**

FACULTY LIVES  
ON CAMPUS

教职工住校比例



**25**

COUNTRIES REPRESENTED

生源代表国家数量



**18**

USA STATES  
REPRESENTED

生源代表美国州数量

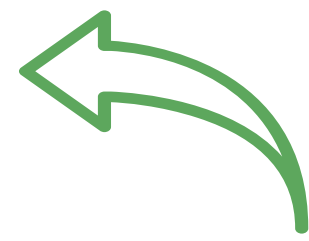


**55:45**

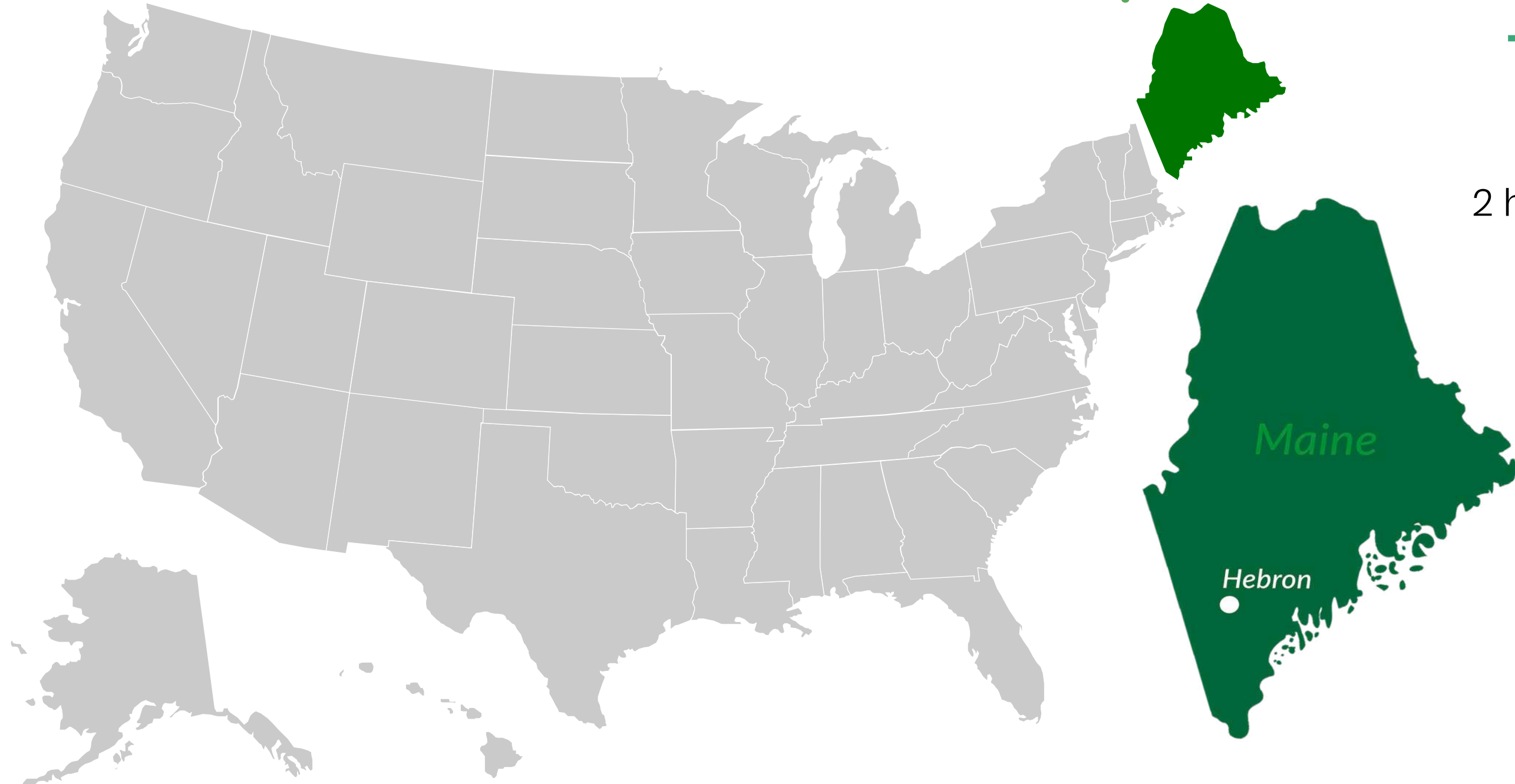
MALE TO FEMALE RATIO

男女生比例





# MAINE, USA 美国缅因州



2 hours from Boston, Massachusetts  
Direct flights to Portland, Maine

距离马萨诸塞州波士顿2小时车程, 可直飞缅因州波特兰市

When you travel to Maine, you typically don't need to pack much in the way of formalwear, unless you consider fresh hiking boots and a good windbreaker formal. This living postcard of lighthouses, tall trees, beaches, blueberry patches and bountiful lobster is rugged without being unruly, charming without being cutesy. Plenty of people visit Maine for the popular Acadia National Park and for an incredible coastal line. Meanwhile, Maine's biggest city, Portland, is a magnet for serious foodies and new business.

#1

1,331,479

#10

#6

#11

**SAFEST STATE**

**POPULATION**

**QUALITY OF LIFE**

**EDUCATION**

**HEALTH CARE**

美国最全的州  
排名 No.1

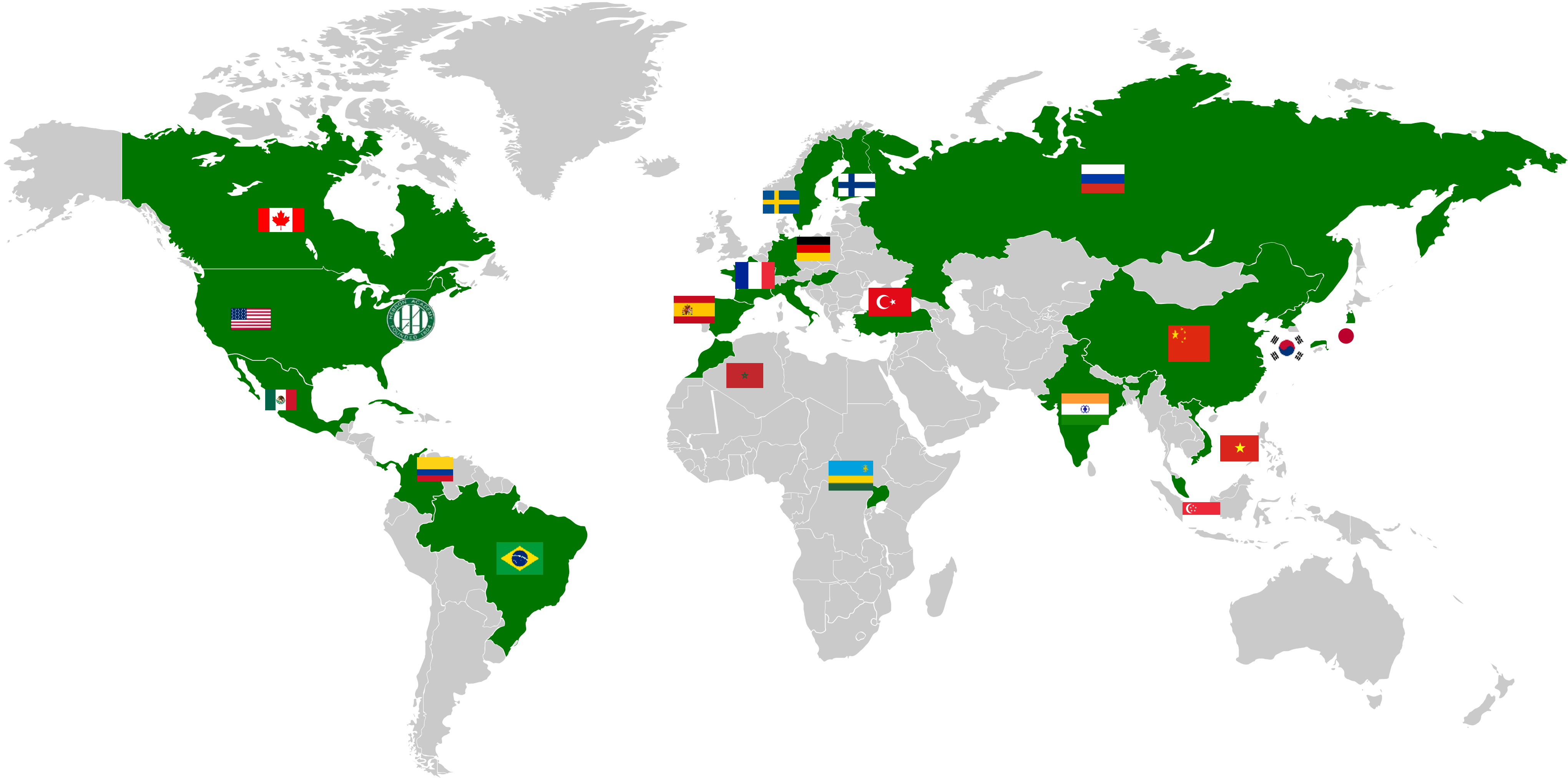
130万人口

生活质量  
排名 No.10

教育  
排名 No.6

医疗保健  
排名 No.11

# Our International Community 我们的国际生





# ACADEMICS AT HEBRON

## 希伯伦学院的学术





# 课程

HEBRON ACADEMY

CURRICULUM DETAIL



# 80

COURSES IN 8 DISCIPLINES

80门课程, 8个学科

# 11

VISUAL AND PERFORMING ARTS COURSES

11门视觉、表演艺术课

# 15

AP COURSES AVAILABLE

15门AP课

# 10

AVERAGE CLASS

班级大小: 10人

# 16

SCIENCE COURSES

16门科学课

# 14

MATHEMATICS AND COMPUTER SCIENCE COURSES

14门数学及计算机科学课

# CURRICULUM DETAIL

## AP course offerings:

Literature  
Statistics  
Calculus BC  
Calculus AB  
Chemistry  
Physics C  
Biology  
Environmental Science  
U.S. History  
Psychology  
Studio Art  
Music Theory  
French and Spanish

## Honors course offerings:

World Literature  
American Literature  
Comparative Literature  
Geometry  
Algebra II  
Precalculus  
Multivariable Calculus  
Chemistry  
Biology  
World History  
U.S. History  
International Relations  
French & Spanish  
2D Studio Art  
3D Studio Art

## AP课程设置:

文学  
统计学  
微积分BC  
微积分AB  
化学  
物理学C  
生物学  
环境科学  
美国历史  
心理学  
工作室艺术  
音乐理论  
法国和西班牙语

## 荣誉课程:

世界文学  
美国文学  
比较文学  
几何  
代数II  
预备微积分  
变量微积分  
化学  
生物学  
世界历史  
美国历史  
国际关系  
法语和西班牙语  
2D工作室艺术  
3D工作室艺术



HEBRON ACADEMY

CURRICULUM DETAIL





# ARTS AT HEBRON ACADEMY

## 希伯伦学院-艺术



To be truly well educated, one must not only appreciate the arts, but have rich opportunities to actively participate in creative work. The arts bring subjects to life, turning abstractions into actual expression. Learning through the arts often results in greater academic achievement and higher test scores. The arts faculty bring a high level of experience to the classroom, and throughout the year visiting artists and musicians come to campus, exposing students to a wide range of creativity and talent.

真正的良好教育在于不仅近是懂的欣赏艺术，还要有丰富的机会积极参与到创造性工作中。艺术将主题带入生活，将抽象转化为实际表达。学习艺术往往会带来更高的学业成就及考试成绩。艺术老师为课堂带来了高水平的教学经验，让学生充分发挥创造力和才能。





# 7

## VISUAL ARTS COURSES

### 视觉艺术课程

Music Theory  
 AP Music Theory  
 Audio Production & Recording  
 Chorus  
 Orchestra  
 The Art of Voice  
 A capella

音乐理论  
 AP音乐理论  
 音频制作和录制  
 合唱  
 管弦乐队  
 声音的艺术  
 无伴奏合唱



# 8

## VISUAL ARTS COURSES

### 视觉艺术课程

Photography	摄影
Drawing	绘画
Studio Art 2D	工作室艺术2D
Studio Art 3D	工作室艺术3D
Advanced Studio Art 2D	高级工作室艺术2D
Advanced Studio Art 3D	高级工作室艺术3D
AP Studio Art	AP 工作室艺术
Portfolio (H)	作品集 (荣誉课)



## RECENT HEBRON ACADEMY MUSICALS

### 希伯伦最近的音乐剧

Jekyll & Hyde: The Musical - 2017  
 Songs for a New World - 2016  
 Little Shop of Horrors - 2015  
 Guys and Dolls - 2014  
 Cinderella - 2013  
 Working - 2012  
 Jesus Christ Superstar - 2011  
 A Funny Thing Happened on the Way to the Forum - 2010  
 Seussical the Musical - 2009



"Hebron Academy helped me develop in every area of my life. The daily schedule allows to succeed inside and outside the classroom. I was able to develop in academics, arts, athletics and the social aspects of my life."

“希伯伦学院帮助我在生活各方面发展。每天的日程安排使我可以 在课堂内外取得成功。我能够在学术，艺术，体育和生活 中的社交方面全面发展。”

-Xinyuan Xu '19  
中国，香港

### Daily Class Schedule

*exceptions noted below & on adjacent calendars*

	Monday	Tuesday	Wednesday	Thursday	Friday	
7:45						7:45
8:00	Performing Arts	Performing Arts		Performing Arts	Performing Arts	8:00
8:15			<b>F</b>			8:15
8:30			(45)			8:30
8:45	<b>A</b>	<b>G</b>		<b>C</b>	<b>B</b>	8:45
9:00	(45)	(45)		(45)	(45)	9:00
9:15			<b>G</b>			9:15
9:30			(60)			9:30
9:45	<b>B</b>	<b>A</b>		<b>D</b>	<b>C</b>	9:45
10:00	(60)	(60)		(60)	(60)	10:00
10:15			<b>Community Meeting</b>			10:15
10:30	<b>School Meeting &amp; Break</b>	<b>Advisories</b>		<b>School Meeting &amp; Break</b>	<b>School Meeting &amp; Break</b>	10:30
10:45			<b>A</b>			10:45
11:00	<b>C</b>	<b>B</b>	(45)	<b>E</b>	<b>D</b>	11:00
11:15	(45)	(45)		(45)	(45)	11:15
11:30						11:30
11:45	<b>D</b>	<b>C</b>		<b>F</b>	<b>E</b>	11:45
12:00	(60)	(60)		(60)	(60)	12:00
12:15						12:15
12:30						12:30
12:45	<b>Meet/Prep Lunch</b>	<b>Meet/Prep Lunch</b>		<b>Meet/Prep Lunch</b>	<b>Meet/Prep Lunch</b>	12:45
1:00	(60)	(60)		(60)	(60)	1:00
1:15						1:15
1:30						1:30
1:45	<b>E</b>	<b>D</b>		<b>G</b>	<b>F</b>	1:45
2:00	(45)	(45)		(45)	(45)	2:00
2:15						2:15
2:30	<b>F</b>	<b>E</b>		<b>A</b>	<b>G</b>	2:30
2:45	(60)	(60)		(60)	(60)	2:45
3:00						3:00
3:15						3:15



# THE DAILY SCHEDULE

**Hebeeggebees**  
6:30pm - 8:00pm

**Jazz Band**  
6:30pm - 8:00pm

# Class Schedule Winter Trimester 2019–2020

Hebron Academy  
MIDDLE SCHOOL



## MONDAY

**C 8:30–9:25**  
6-Science  
7-English  
8-G Art  
8-W Music

**D 9:30–10:15**  
6-History  
7-Math  
8-G Math  
8-W English

**Morning Meeting**  
10:30–10:45

**Study Hall**  
10:45–11:10

**E 11:15–12:00**  
6-Music  
7-Art  
8-G History  
8-W Math

**Lunch**  
12:05–12:35

**F2 12:40–1:25**  
Physical Education

**G 1:30–2:15**  
6-Spanish  
7-Latin  
8-Mandarin

**A 2:20–3:15**  
6-Math  
7-Science  
8-G English  
8-W History

3:20–5:00  
**After School Activity:**  
6-Basketball  
7-Skiing  
8-Theater

**Dinner**  
5:30

## TUESDAY

**B 8:30–9:25**  
6-English  
7-History  
8-Science

**C 9:30–10:15**  
6-Science  
7-English  
8-G Music  
8-W Art

**Advisory**  
10:15–10:45

**D 11:15–12:00**  
6-History  
7-Math  
8-G Math  
8-W English

**Lunch**  
12:05–12:35

**E2 12:40–1:25**  
6-Art  
7-Music  
8-G History  
8-W Math

**F 1:30–2:15**  
Physical Education

**G 2:20–3:15**  
6-Spanish  
7-Latin  
8-Mandarin

3:20–5:00  
**After School Activity:**  
6-Skiing  
7-Theater  
8-Basketball

**Dinner**  
5:30

## WEDNESDAY

**A 8:00–8:45**  
6-Math  
7-Science  
8-G English  
8-W History

**B 8:50–9:35**  
6-English  
7-History  
8-Science

**C 9:40–10:25**  
6-Science  
7-English  
8-G Art  
8-W Music

**D 10:30–11:15**  
6-History  
7-Math  
8-G Math  
8-W English

**E 11:20–12:15**  
6-Music  
7-Art  
8-G History  
8-W Math

**Lunch**  
12:15–12:45

**Orchestra**  
12:45–1:45

**Study Hall**  
1:50–2:50

3:20–5:00  
**After School Activity:**  
6-Theater  
7-Basketball  
8-Skiing

**Dinner**  
5:30

## THURSDAY

**F 8:30–9:25**  
**Chorus / Study Hall**

**G 9:30–10:15**  
6-Spanish  
7-Latin  
8-Mandarin

**Morning Meeting**  
10:30–10:45

**Study Hall**  
10:45–11:15

**A 11:15–12:00**  
6-Math  
7-Science  
8-G English  
8-W History

**Lunch**  
12:05–12:35

**B2 12:40–1:25**  
6-English  
7-History  
8-Science

**C 1:30–2:15**  
6-Science  
7-English  
8-G Music  
8-W Art

**D 2:20–3:15**  
6&7-Outdoor Skills  
8-G Math  
8-W English

3:20–5:00  
**After School Activity:**  
6-Basketball  
7-Skiing  
8-Theater

**Dinner**  
5:30

## FRIDAY

**E 8:00–8:45**  
6-Art  
7-Music  
8-G History  
8-W Math

**F 8:50–9:35**  
6-History  
7-Math  
8-Science

**G 9:40–10:25**  
6-Spanish  
7-Latin  
8-Mandarin

**A 10:55–11:40**  
6-Math  
7-Science  
8-G English  
8-W History

**B 11:45–12:30**  
6-English  
7-History  
8-Outdoor Skills

**Lunch**  
12:30–1:00

**Study Hall**  
1:00–2:00

3:20–5:00  
**After School Activity:**  
6-Skiing  
7-Theater  
8-Basketball

**Dinner**  
5:30



# Weekend Schedule

## SATURDAY

### Lunch

10:00–11:00

11:00–4:00

**Academics  
& Study Hall**

### Dinner

5:00–6:00

6:00–8:00

**Activities  
& Games**

9:00

**Bed  
& Reading**

## SUNDAY

### Lunch

10:00–11:00

11:00–5:00

**Activities  
& Trips**

### Dinner

5:30–7:00

7:00–8:00

**Study Hall**

9:00

**Bed  
& Reading**

Hebron Academy  
MIDDLE SCHOOL



## Examples of weekend trips with Hebron Academy:

Shopping  
Restaurants  
Maine Mall  
Museums  
Boston  
State Parks  
Ivy League Colleges  
Portland  
Fine Art Galleries  
& More



# SPORTS AT HEBRON ACADEMY

## 希伯伦学院-体育



At Hebron the pursuit of academic excellence finds its corollary in the pursuit of athletic excellence, and participation in organized sports forms an integral part of every student's Hebron experience. The school's athletic programs are devoted to encouraging a lifelong love of physical activity and an appreciation for teamwork and fair play.

在希伯伦，追求卓越的学术成就与追求卓越的运动同样重要。参加有组织的体育活动是每个学生在希伯伦经历中不可或缺的一部分。学校的体育项目致力于鼓励终身热爱体育活动，并欣赏团队合作和公平竞争。





# 7

## WINTER ATHLETICS

### 希伯伦的田径运动 - 冬季

Alpine Skiing  
Basketball  
Ice Hockey  
Nordic Skiing  
Personal Fitness  
Snowboarding  
Winter Pursuits

高山滑雪  
篮球  
冰球  
北欧滑雪  
个人健身  
单板滑雪  
冬季追求



# 7

## FALL ATHLETICS

### 希伯伦的田径运动 - 秋季

Cross Country Running  
Field Hockey  
Football  
Golf  
Mountain Biking  
Outdoor Education  
Soccer

越野跑  
曲棍球  
足球  
高尔夫球  
山地骑行  
户外教育  
足球



# 7

## SPRING ATHLETICS

### 希伯伦的田径运动 - 春季

Baseball  
Lacrosse  
Rock Climbing  
Softball  
Tennis  
Track and Field  
Dance

棒球  
曲棍球  
攀岩  
垒球  
网球  
田径  
舞蹈



# HEBRON ACADEMY EXTRACURRICULAR OPPORTUNITIES

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课外机会





**AT HEBRON**

**YOU WILL FIND YOUR PASSION**

**在希伯伦，你会发现你的激情**





# COLLEGE COUNSELING 大学升学咨询

“Every student has unique strengths, interests, needs, and aspirations. By working closely with each student and their family, we aim to help them find and get into the colleges that are the best fit for them.”

Emily Carton

Director of College Counseling

“每个学生都有独特的优势，兴趣，需求和愿望。通过与每个学生及其家人密切合作，我们的目标是帮助他们找到并进入最适合他们的大学。”



# OUR COLLEGE SERVICES 我们的大学服务



## PERSONAL ATTENTION

Students have individual college counselors. Essay Review and Interview Prep provided. 学生有个人大学升学顾问。帮学生进行论文检查和面试准备。



## COMMUNICATION WITH THE PARENTS

College counseling newsletter provided for students and parents throughout the year. 全年为学生和家长提供大学升学资讯。



## ACADEMIC PREPARATION

SAT Test Prep available on campus. 校园内有SAT考试准备课程。



## TESTING ON CAMPUS

Hebron is a test site for: PSAT, SAT, ACT, and TOEFL. 希伯伦是PSAT, SAT, ACT和TOEFL的考点。



## RESEARCH AND VISITS

Host to 75 College/University visits each fall. 每年秋季进行多达75次大学访校。



# COLLEGE PLACEMENT 大学走向



Historically, we have an excellent track record of placing students in top colleges and universities. From the very beginning, Hebron was considered a feeder school for Dartmouth, Harvard, Bates, and Bowdoin, and we continue to have close relationships with admissions offices at such schools.

Our board itself is comprised of graduates from very elite schools. I believe the board has four Harvard graduates, an MIT graduate, an Amherst graduate, a Stanford graduate, a UChicago graduate, and a UVA grad.

This year's graduates have been accepted to a diverse range of top schools including Amherst, Berklee College of Music, University of Rochester, Syracuse, George Washington University, Boston University, UPenn, University of Chicago, Purdue University, UC Berkeley, Villanova, NYU, University of Virginia, and more.

100%

**HEBRON ACADEMY  
GRADUATES**  
希伯伦学院毕业生

are accepted to top 100  
USA universities and  
Liberal Arts Colleges.  
进入美国排名前100的综合  
大学及文理学院

75%

**HEBRON ACADEMY  
INTERNATIONAL GRADUATES**  
希伯伦学院国际毕业生

Are accepted to top 30  
USA Universities and  
Liberal Arts Colleges.  
进入美国排名前30的综合大  
学及文理学院

12%

**HEBRON ACADEMY  
GRADUATES**  
希伯伦学院毕业生

are accepted into Top 15  
Universities and Ivy  
leagues in the USA.  
进入美国排名前15的综合大  
学及文理学院

8%

**HEBRON ACADEMY  
INTERNATIONAL GRADUATES**  
希伯伦学院国际毕业生

are accepted into Top 10  
Universities and Ivy  
leagues in the USA.  
进入美国排名前10的综合大  
学及文理学院



# COLLEGE PLACEMENT 大学走向

100%

**HEBRON ACADEMY  
CHINESE GRADUATES**  
希伯伦学院的中国毕业生

are accepted to top 50  
USA universities and  
Liberal Arts Colleges.

进入美国排名前50的综合大  
学及文理学院

50%

**HEBRON ACADEMY  
CHINESE GRADUATES**  
希伯伦学院的中国毕业生

Are accepted to top 30  
USA Universities and  
Liberal Arts Colleges.

进入美国排名前30的综合大  
学及文理学院



# COLLEGE PLACEMENT

## 大学走向



My time at Hebron Academy was a transformative experience. With all the memories, experiences and adventures you will gather, your time at Hebron will not only be unforgettable but also prepare you and open the doors to whatever you want to do after your time as a lumberjack. For me, that is being an at Harvard beginning in September, something that would never have been possible without my time at Hebron Academy.

我在希伯伦学院的学习经历是一次变革性的体验。当你将所有的回忆、经历及冒险集合起来，你会发现你在希伯伦的时间不仅仅是难以忘怀的，它已经为你想做的事情打开大门，做好了一切准备。对于我而言，如果没有在希伯伦学院学习的经历，我将不可能在今年9月份入读哈佛大学

**Carlo Kobe '19**

Harvard University '23  
哈佛大学





# RESIDENTIAL LIFE AT HEBRON

## 希伯伦学院的校园生活





# Residential Life at Hebron







**AT HEBRON**

**YOU WILL FIND YOUR PASSION**







HEBRON ACADEMY