



SURVAL MONTREUX

GIRLS' SCHOOL IN SWITZERLAND





A Surval education empowers girls to embrace challenge, take ownership of future pathways and lead dialogue for positive change.

A Surval graduate leaves school with the academic credentials, breadth of interests and open attitude to set her on a pathway to success with entrepreneurial and creative flair. She can walk into any room with self-assurance, presence and cultural awareness.

Une éducation délivrée par Surval permet à des jeunes filles de faire face à des défis, de prendre en main leur trajectoire et de délivrer un discours positif.

Une élève de Surval quitte l'école avec son diplôme, la soif d'apprendre et une ouverture d'esprit pour emprunter la route du succès avec un flair entrepreneurial et un élan de créativité.



Welcome to Surval Montreux

It is a privilege and joy to be Principal of this exceptional and truly unique all-girls school in Switzerland.

Here at Surval we talk about Creating Powerful Stories, Transforming Futures.

Each girl who walks through Surval's doors comes filled with hope and excitement about the experience ahead. From the start of her time at Surval, I encourage each girl to be the author of her own story, to work hard and play hard, and to embrace the richness of opportunities open to her.

In our safe and supportive all-girls environment, girls are instilled with a mindset of openness to opportunity and the confidence to step up and own their voice, free of any preconceptions or barriers.

This special place is much more than a school for the girls for whom this is their home and family for their time with us. It is always a joy to see girls grow and flourish through a Surval experience, to see them form close friendships and to leave enriched with new learning, wider perspectives and lifelong memories. An experience at Surval Montreux is sure to have lifelong impact.

Nicola Dudley.

Ms Nicola Dudley
Principal of Surval Montreux



Our heritage as a finishing school

Founded as an international boarding school for girls in 1961, in Leysin by Mrs Georgette-F Andrea, the school started with a small chalet situated above the valley, which inspired the name "Sur-Val". In 1964 Surval moved to Clarens and was run by Ms Andrea's nephew, Mr Sidler until 2010. Surval moved to its new home, previously the Hotel Mont-Fleuri (a building dating back to 1876), in 1998 and continues to thrive in this stunning location.

Surval Montreux enjoyed a long-standing reputation as a successful Swiss Finishing School before becoming a High School in 2001. Surval has remained true to its roots, continuing to offer courses in Etiquette. Our focus remains on preparing students for personal and professional success through the development of lifelong skills and interests.

Our Etiquette and Communications programme develops in girls an awareness of different social norms in varied social and business settings around the world. Being open to the environment about them will enable them to step up to opportunities with confidence. We want a Survalienne to be able to walk into any room with self-assurance, presence and cultural awareness. This remains as relevant now as it did when the school was founded.



Survall's Values



Challenge Yourself

Embrace opportunities to step out of your comfort zone to develop new skills and perspectives

- Embrace the experience of living in Surval's multicultural community
- Push your multilingual competency and gain fluency in French
- Step up to challenges in your academic studies
- Try a new adventure sport
- Look for opportunities to show creativity and entrepreneurship
- Explore new places with open-mindedness

Own Your Voice

Engage actively, take responsibility for your learning and development, and use the power of your voice constructively for positive impact on yourself and the community

- Take an active part in 'Survall Voices' (student committees)
- Step up to opportunities to present and promote areas of interest to others
- Look after your wellbeing
- Engage in dialogue and debate in the classroom and ask questions
- Organise your time to ensure appropriate balance between study, enrichment activities and relaxation

Lead Your Journey

Identify personal goals and take responsibility for your choices to enable you to meet your targets through self-reflection and personal challenge

- Personalise your academic and enrichment programme to match your interests and goals and set you up for your future pathway
- Reflect on your progress and identify next steps
- Seek ways to make a difference in the community
- Show commitment to wider opportunities
- Step up to ambassadorship opportunities

Our programmes

At Surval girls enjoy living and studying alongside students following both the High School programme and the French Language & Culture programme. High School and Language & Culture students follow separate academic courses, but join together for the Surval COL programme of electives.

	Grade 8	Grade 9	Grade 10	Grade 11	Grade 12	French Language and Culture
Academic	<p>Springboard to High School</p> <p>English, Maths, French, Science, Global Perspectives</p>	<p>High School I</p> <p>English, Maths, French, Science, History</p>	<p>High School II</p> <p>English, Maths, French, Science, History</p> <p>1 year IGCSE courses available on demand</p>	<p>High School III & IV with Advanced Placements</p> <p>English, Maths, French, Science, Business, History</p> <p>AP options: English, History, Art History, French, Maths</p>	<p>A Levels</p> <p>Options: English, History, French, Art, Maths</p>	<p>French Language and Culture (DELF)</p> <p>Etiquette Culinary Arts</p>
COL	<p>The Surval COL Electives programme</p> <p>Language Enrichment, The Arts, Sports</p> <p>Global Etiquette & Communications, University & Careers Masterclasses, Life Skills, Service</p>					



The power of an all-girls education

At Surval Montreux, our role is to educate and empower young women to be proud of who they are and to see themselves the equal to anyone. The mindset instilled through a girls-only education will encourage our students to put themselves forward more confidently.

The power of an all-girls education lies in the fact that:

- Girls take centre stage and are on the front line of leading initiatives;
- All opportunities are for girls - in the classroom, science laboratory or art studio, in sports and adventure activities, in assemblies, committees and masterclasses;
- Girls are surrounded by strong female role models providing inspiration to be ambitious for their future;
- Girls are surrounded by a supportive, collaborative environment which gives them space to grow and develop through their teenage years;
- Girls are able to focus on their academic studies and make the most of opportunities free from any perceived barriers;
- Girls are actively called on and encouraged to participate in class and grow confidence to challenge assumptions and voice their opinions.



An intentionally small school

Studying at Surval is a very different experience to many other schools due to our small size and highly personalised approach which lends itself to lessons being more tutorial style. Surval classes are small, ranging from 1 to 10 students. This means students benefit from a great deal of individual attention from subject teachers and can progress at their own pace.

Personalisation

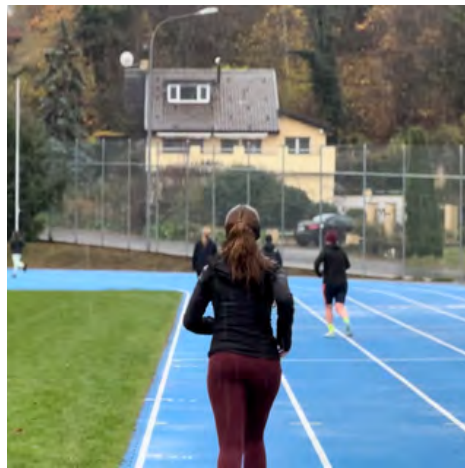
Our starting point is the girls. Where are they with their learning when they arrive in Surval and how do we take their learning forward to ensure challenge and progression? What are their goals and aspirations and how do we tailor their Surval programme to help them achieve these goals? In establishing this, we build the curriculum around them to ensure they graduate from High School with strong academic credentials fit for university admissions around the world. Our teachers are adept at tailoring individual pathways.

Sports & Wellbeing

The philosophy of Surval is to ensure that every student can access a physically active lifestyle which supports their overall health and lifelong participation. Throughout the year girls enjoy a dedicated afternoon of sports, in addition to evening and weekend sports opportunities.

During timetabled sports afternoons, girls are taught the importance of healthy lifestyles and physical activity for lifelong participation, enjoying both our internal facilities (tennis court, dance studio, fitness gym and surrounding forest), and external opportunities (water sports, horseriding, golf) to provide a balanced curriculum of sport.

During the winter term the timetabled sports session becomes winter sports (ski or snowboard) visiting local resorts to provide girls with expert tuition from Ecole Suisse de Ski (ESS) Montreux on the slopes.





Challenge, Own, Lead (COL)

The Surval Award

The award covers all aspects of a student's experience at Surval and leads to the Surval Award certificate, with Pass or Distinction. The award is underpinned by an online portfolio completed by each student, in which she records her experiences and reflections, evidencing how she has embraced all aspects of a Surval education and how she has demonstrated Surval's values Challenge, Own and Lead.

The Surval COL curriculum

The Surval COL curriculum draws together all the distinctive elements of Surval's programme which lie beyond the focused academic courses. This features a range of non-academic electives where students have an element of choice to pursue their interests, whilst keeping a balance across physical, creative, linguistic and cultural domains.

The Arts	Fine Art, Photography, Fashion Design, Ceramics, Music, History of Art <i>(Options vary by term and are confirmed according to interest)</i>
Language Enrichment	Additional French conversation, Beginner Italian, Beginner Spanish, home language tuition
Sports and Wellbeing	Autumn and Spring Terms: Tennis, Hiking, Cycling, Running, Horse riding, Sailing, Golf <i>(Options vary)</i> Winter Term: Skiing or Snowboarding
Surval Core	Global Etiquette and Communications for Personal and Professional Success, Careers & University Masterclasses, Life Skills
Passion Project	Putting Challenge, Own, Lead into practice. Identifying a particular interest to research and explore further, guided by a Surval mentor. This may link with a future study/career interest, relate to language studies, involve cultural exploration, or a creative project, or lead to a social enterprise initiative. The focus is on students taking the lead in enhancing their portfolio and exploring an interest individual to them.
Tailored Electives	Additional electives are available according to interest, for example, Psychology, Business and Marketing, preparation for IELTS and SATs.

The Surval Award

Language and Culture

Developing a love of languages and curiosity for cultural exploration.

Ambassadorship and Service

Making a positive difference to the lives of others and the world about us.

Language and Culture

Ambassadorship and Service

Challenge
Own
Lead

Passion Project

Physical Endeavour

Passion Project

Immersing ourselves in the exploration of a passion unique to our personal interests, goals and wellbeing.

Physical Endeavour

Challenging ourselves physically and embracing sports for life.

Creative Pursuit

Creative Pursuit

Exploring creative pursuits as a means of expression and development of creative talents.



At Surval, we encourage girls to own their voice. Our students are encouraged to voice their opinions in a responsible and informed manner leading to action with positive impact on the Surval and wider community. We encourage them to find their voice - in the classroom and enrichment activities, in committees, in opportunities for ambassadorship and service.

Student Voices and Committees

Student Voices are a channel for discussing, exploring and taking action.

Girls are encouraged to step up to leadership and to make a contribution to events and activities organised in the school as well as give feedback and make suggestions for future developments. The following Surval Voices are each led by a student ambassador:

- Charity
- Digital & Media Communications
- Events and Etiquette
- Student Life
- Sustainability & Environment

Clubs and Societies

Clubs run after school every evening (except Friday). Clubs are offered according to the interest of students and staff. Examples of clubs:

- Debating
- Book Club
- Business
- Chess & Board Games
- Sports



Weekend Activities & Trips

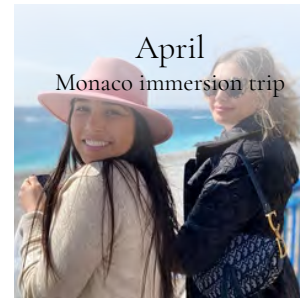
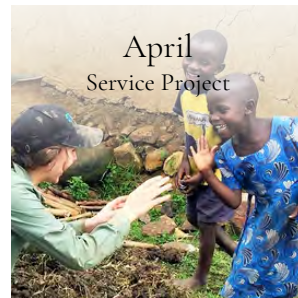
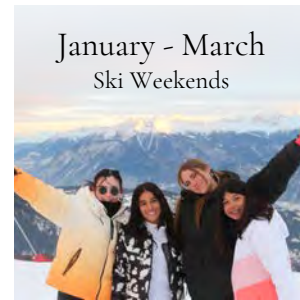
At Surval we know that a Swiss experience goes beyond school life. Each weekend girls are offered a variety of excursions to enhance their Swiss experience and help them appreciate the linguistic, cultural, and scenic richness of this beautiful country.

Weekend activities revolve around the core themes of Language, Culture, Adventure and Sport. Activities include local trips to art galleries, exhibitions, areas of natural beauty, city excursions and more.



Residential Trips

The opportunity to travel and explore different places and cultures within and beyond Switzerland is a highly valued part of a Surval experience. Surval offers an exciting programme of optional residential trips. Destinations vary each year, but a typical trip schedule is as follows:







A home away from home

Surval is a much-loved home for up to 60 girls. The girls are cared for by our exceptional team of residential staff who are here to support and guide the girls through their Surval experience and support any needs they may have.

The school day is from 8.30am until 3.40pm. Outside these times girls are free to go to their rooms, relax in social spaces, use the gym or other sporting facilities. In the House, girls are supported to manage their time so that they achieve a balance between their studies, leisure and relaxation. At the end of the school day, transport is available to take girls down to Montreux for those who want to enjoy some free time in this beautiful, safe town. In the evening support is readily available with the organisation of homework if needed.

Originally built as a hotel, our beautiful house is full of character and provides a homely environment for the girls. Bedrooms are shared by 2 or 3 girls with a few single rooms available. All bedrooms have a wonderful view of the lake or the mountains and all have personal safes and a fridge. Wi-Fi is available throughout the school.

We enjoy a wide selection of excellent meals for a healthy, balanced diet. Mealtimes are fun and sociable and allow our students to practise their English or French as well as their table manners and social etiquette skills.

We cater for special dietary requirement or food allergies.

Pastoral Care and Wellbeing

Whether a member of the boarding, teaching, house or admin teams, the priority of each member of staff is our students' safety and wellbeing.

The boarding team is there to make them feel at home and cared for day and night. They are also there to support the girls with the demands of living independently.

It is important that we all look after our wellbeing and take steps to lead a healthy lifestyle, including regular physical activity, a balanced diet, healthy sleep patterns and positive frames of mind.

The School Nurse is available in school during the school day Monday to Friday and on call to support the boarding team in the evenings and at weekends. She will make external appointments where needed and will communicate with parents over all medical related matters. Girls will be accompanied to medical appointments by the School Nurse or another member of the Boarding Team.

Each student is allocated a Mentor from within the teaching team. The Mentor is there to provide a bridge across all aspects of the girls' experience at Surval and ensure they feel heard and supported academically, socially and emotionally.



Our boarding facilities



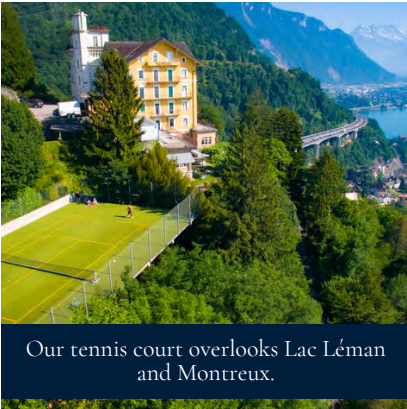
Bedrooms overlook beautiful Lac Léman.



Bedrooms are shared between 2 or 3. All rooms have an ensuite shower room.



The common room is a cosy getaway for girls to relax and watch movies together.



Our tennis court overlooks Lac Léman and Montreux.



Our tennis court is also used for yoga, bubble football or badminton.



Our indoor gym has all the equipment for a workout session.



Our library is a space for students to gather to read or play games together.



In warmer months, girls enjoy their meals on the terrace.



Our dining hall is a social space where students and staff share meals altogether.



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To find out more information, arrange a chat or book a place,
please visit www.surval.ch or email admissions@surval.ch



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