



Cardigan Mountain School

Canaan, New Hampshire



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DAILY SCHEDULE
Monday–Saturday

7:55–8:35 a.m.
First Period

8:40–9:20 a.m.
Second Period

9:25–10:05 a.m.
Third Period

10:05–10:20 a.m.
Morning Break

10:20–11:00 a.m.
Fourth Period

11:05–11:45 a.m.
Fifth Period

11:50 a.m.–12:30 p.m.
Sixth Period

12:40–1:00 p.m.
Lunch

1:30–1:45 p.m.
Advisory

1:45–2:30 p.m.
Study Hall

2:30–2:45 p.m.
Snack Available

3:00–5:00 p.m.
Athletics/Clubs

5:00–6:00 p.m.
Free Time/
Music Lessons/Rehearsals

6:15–6:45 p.m.
Dinner

7:30–8:30 p.m.
Study Hall

9:30/10:00 p.m.
Lights Out

CARDIGAN'S MISSION

Cardigan Mountain School offers a close-knit community that prepares middle school boys—in mind, body, and spirit—for responsible and meaningful lives in a global society.

Compassion
Be Kind. Seek to understand others and go out of your way to help.

Integrity
Be honest. Remain true to yourself and your word.

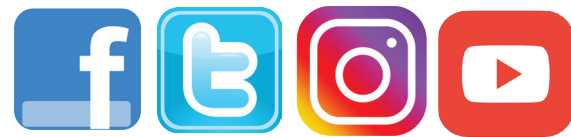
Respect
Be considerate. Care for yourself, others, and Cardigan Mountain School.

Courage
Be brave. Face adversity with strength and persistence.

CORE VALUES

**SCHOOL LOCATION:
CANAAN, NEW HAMPSHIRE**

- 30 MINUTES FROM HANOVER, NEW HAMPSHIRE
- 1 HOUR FROM MANCHESTER, NEW HAMPSHIRE
- 2 HOURS FROM BOSTON, MASSACHUSETTS
- 4.5 HOURS FROM NEW YORK CITY



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- [Youtube.com/Cardigan2ThePoint](https://www.youtube.com/Cardigan2ThePoint)

www.cardigan.org

Cardigan Mountain School

ACADEMICS

Pre-College Prep Curriculum

Cardigan's academics are centered around the traditional core disciplines and designed to both support and challenge students in preparation for the academic demands of secondary school.



PEAKS®

Personalized Education for the Acquisition of Knowledge and Skills

All students take a PEAKS class, which is a combination of study skills, technology education, and wellness. Among the goals of PEAKS are to help each boy understand his own unique learning style, including strength and weaknesses, and to become effective self-advocates.

ADVISORY PROGRAM

The advisory program at Cardigan is designed to ensure that each boy has a faculty member who will truly know him in all aspects of school life, and to develop a strong relationship with each advisee's family through effective communication, collaboration, and support. Advisors monitor the academic, athletic, and social well-being of their boys, and they serve as a mentor for each advisee and the primary contact for his family.



FACILITIES

Cardigan Commons: The center of campus life, featuring a spacious dining hall, a student center, the school store, a mail room, presentation theater, and flex space.

Stoddard Center: Houses the Kirk Library, a three-tiered multimedia resource center, the PEAKS® suite, as well as Humann Theatre, a 250-seat auditorium that hosts All-School Meetings, lectures, films, concerts, music, and drama performances.

E.P.I.C. (Engineering, Possibilities, Innovation, & Creativity) Center: A workspace for "inventioning," where inventions are born, and where students experience LEGO robotics, 3-D printing, Arduino-based projects, and more.

Charles C. Gates I.D.E.A. (Innovation in Design, Engineering, and the Arts) Shop: The shop is dedicated to the Gates Invention & Innovation Competition and woodworking programs.

Arts: Offerings include fine arts, woodworking, drama, and music, including private lessons. Students of visual arts work in Bronfman Hall's large, well-equipped art studio; drama participation includes practices and performances in Humann Theatre.

Athletics: Seventeen interscholastic and intramural athletic offerings at various skill levels. Facilities include seven athletic fields, 10 outdoor tennis courts, indoor hockey rink, five miles of cross country running/nordic ski trails, extensive mountain bike trails/race course, wrestling room, rock climbing "cave," fully equipped fitness and conditioning center, and indoor/outdoor basketball courts.

Student Life: Classes meet from 7:55 a.m. to 12:30 p.m., Monday through Saturday. Extensive weekend activities and Thursday afternoon clubs programs are available and include ongoing service learning projects, community service days, and weekly nonsectarian Chapel program.

WEEKEND OFFERINGS (SAMPLING)

Amusement Park Trips
Art Studios Available
Athletic Facilities Available
Attitash Adventure Park
Dartmouth College Sporting Events
Driving Range
Miniature Golf
Paint Ball

Pizza and a Movie
Religious Services
Restaurant Dining
Sledding Hill with Rope Tow on Campus
Student Center Activities
Video Games
Wiffle Ball at "Little Fenway"
Woodshop Available

CLUB OFFERINGS (SAMPLING)

Basketball
Cougar Climbing Cave
Culinary Club
Digital Art
Driving Range
Fishing
Gamers Extreme
GATES Invention & Innovation
Global Community
Hanover Walkabout
Ice/Street/Pond Hockey
Jazz Band
Korean Cooking

Lacrosse
Math Club
Miniature Golf & Ice Cream
Model U.N.
Outdoor Games
Outdoor Survival
Soccer
Spikeball
SSAT Prep
Superhero Movies
Tennis
Woodworking
Workout Warrior

MARCH BREAK OFFERINGS*

Baseball Trip
Cultural Arts Trips
Finland Hockey Trip
Humanitarian/Service Trips
International Trips
Lacrosse Trip

**Trips subject to change each year.*



ATHLETIC OFFERINGS

FALL

Cross Country
Football
Mountain Biking
Rock Climbing
Soccer

WINTER

Alpine Skiing
Basketball
Hockey
Nordic Skiing
Recreational Skiing/
Snowboarding
Wrestling

SPRING

Baseball
C.O.R.E. (Cardigan Outdoor Recreation Expeditions)
Lacrosse
Rock Climbing
Sailing
Tennis