



FOUNTAIN VALLEY SCHOOL



ATHLETICS



## ATHLETICS AT FVS

Located amid a majestic Rocky Mountain landscape, Fountain Valley takes full advantage of its unique position in the Great American West to provide a one-of-a-kind, inspiring athletics experience.

Fountain Valley's challenging yet fun competitive athletic offerings and activities enable students to stretch their bodies and minds, explore new limits, develop teamwork, practice the art of goal-setting, and establish a lifelong commitment to health and fitness. FVS offers a variety of mountain sports as well as traditional athletic options ranging from volleyball, soccer and tennis to basketball, swimming and diving, and lacrosse. In all, 11 competitive sports, including varsity, junior varsity, and coed options are available for student-athletes.



## EQUESTRIAN PROGRAM

Beginning with the School's inception in 1930, the riding program remains an integral part of our Western heritage today. It offers access to approximately 40 School-owned horses and supports beginner, intermediate, and advanced English and Western riders as they prepare for competition in the Interscholastic Equestrian Association (IEA) each season. In addition to skill-building, our staff of expert coaches place a unique emphasis on horse management and care, requiring that riders participate in feeding, grooming, tacking, basic first aid, and more.

## FVS ATHLETICS SNAPSHOT



**60,000-square-foot** athletic complex, including a weight room, spin room, indoor track, and gymnasium



**8-lane, 25-meter** swimming and diving pool



**150' by 275' indoor arena** for English and Western riders, plus **4** competition-sized outdoor arenas



**6,000-square-foot** climbing gym with **37-foot** walls and auto-belay systems, the largest of any high school in the U.S.



**8** outdoor tennis courts



**15 miles** of outdoor riding, hiking and biking trails on FVS's **1,100-acre** Prairie campus



Scan to learn more about our Athletic Facilities



## **MOUNTAIN SPORTS**

Our unique Colorado location and indoor and outdoor athletic facilities provide access to one of the country's most robust Mountain Sports programs, including competitive climbing and mountain biking. Throughout their time at Fountain Valley School, all students are encouraged to test their climbing and bouldering skills on our state-of-the-art wall, to bike the miles of trails that paint our Prairie, to shred the slopes with their friends at popular resorts including Keystone and Breckenridge, and to develop their mountaineering, camping, backcountry safety, and orienteering skills through outdoor education programming.

## **AFTERNOON ACTIVITIES**

At Fountain Valley, we recognize that even our most dedicated athletes might need a break from the playing field. There are many other ways to challenge and engage their bodies and minds, as FVS offers a wide range of additional afternoon activities designed to keep our students active and engaged with their own growth outside of the classroom.

### **Additional After-School Activities Include:**

- Robotics
- Broadcasting
- Theater & Theater Tech
- Yearbook
- and more...

## ABOUT FVS

In the shadow of America's Mountain, Pikes Peak, lies Fountain Valley School (FVS) - a private, co-educational college-preparatory school for boarding and day students in grades 9–12 in Colorado Springs, Colorado.

Founded in 1930, FVS is located on an 1,100-acre Prairie just five miles from the Colorado Springs Airport and approximately one hour from Denver International. With 15 miles of wilderness trails for hiking, biking, and horseback riding, students utilize the entire FVS campus for educational and recreational purposes. Our deep connection to the American West environmentally, socially, and culturally, provides lessons and experiences that prepare students to solve global issues.

FVS students form lifelong friendships with their classmates, dormmates, advisors, teachers, and coaches within a learning community that is equal parts challenge and care. Nearly 100 percent of full-time teaching faculty reside on campus, enabling them to know each and every student and forge meaningful relationships. Our intentionally small classes, with an average 12:1 student-to-teacher ratio, allow for enhanced interactions with faculty for a greater understanding of course content. With more than 100 interdisciplinary courses, including advanced, honors, and college-preparatory classes, we aim to deepen students' breadth of knowledge and broaden their perspectives. Our student body consists of 70 percent boarding students from over 20 countries and 20 states.



Scan to learn more about our Admission Process



- Early Action applications are due by **Dec. 15** (notification by Jan. 10).
- Early Action enrollment agreements are due by **Jan. 24**.
- Regular Admission applications are due by **Feb. 1**. (notification by Mar. 10)
- Regular Admission enrollment agreements are due by **Apr. 10**.
- Rolling Admission after **Mar. 10**.

Visit our website for more information on inquiring, applying, financial aid and scholarship programs.

**719.391.5251** | **fvs.edu/admission** | **admission@fvs.edu**

